

Sunday, November 5

10:30 - 11:30 am

Families of children, teens and adults with special needs are invited to a fun morning of accessible library time before we open!

- Less crowded & sensory-friendly
- Accessible browsing with visual aids
- "Calm-down" space in case of over-stimulation
- Louder voices welcome

- Art activities for all ages!
- Games!
- Gluten-free snacks!
- Therapeutic resources for families with special needs

Reflections
Child & Family
Therapeutic Group

Reflections Child & Family Therapeutic Group will lead an interactive session for families, learning simple exercises to promote self-control, calming, and healthy sleep habits.



Please contact us if you require any additional accommodations.

(No registration required)

