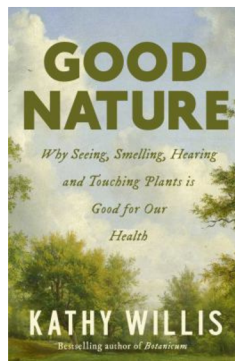




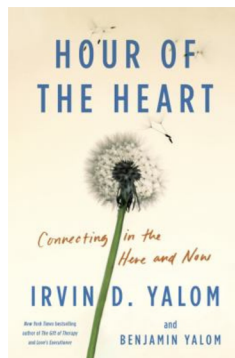
Matchmaker
Matchmaker: Find Me a Love That Lasts /
 Aleeza Ben Shalom
 Dating coach and Netflix star, will guide readers through her highly original perspective on dating.



Taste of Home
Comfort Food Classics / Taste of Home
 The ultimate roundup of go-to dishes for bringing joy and lifting spirits.



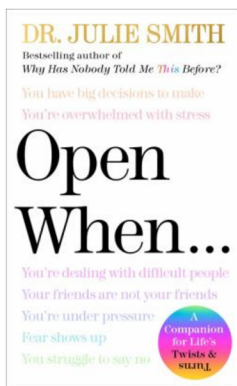
Good Nature / Kathy Willis
 Good Nature explains how we can organize our homes, our time outdoors and the world around us to reap the health benefits of nature that science is only now just discovering.



Hour of the Heart: Connecting in the Here and Now /
 Irvin Yalom, M.D.
 Chronicle of the challenges and breakthroughs that come from a wholly new practice of one-hour, one-time-only sessions.



Learning to Play Again / Kathryn Smerling
 Improve relationships at home and work by remembering the lessons of childhood about conflict resolution, the excitement of discovery, the power of peaceful play and the magic of curiosity.



Open When: A Companion for Life's Twists & Turns / Julie Smith
 Dr. Julie shares the research-backed concepts and powerful skills we can use to weather our most vulnerable moments.



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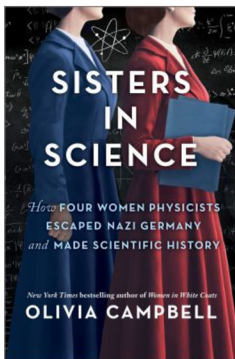
New Nonfiction



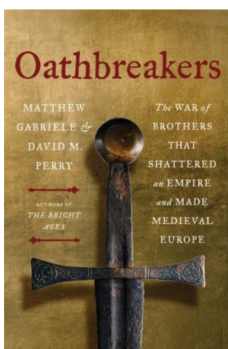
December New Nonfiction



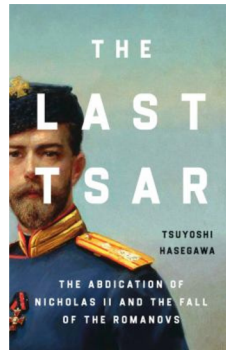
Self Help: This Is Your Chance to Change Your Life / Gabrielle Bernstein
Demystifies the power of Internal Family Systems (IFS) Therapy, taking its life-changing teachings out of the therapist's office and into your everyday life.



Sisters in Science / Olivia Campbell
The extraordinary true story of four women pioneers in physics during World War II and their daring escape out of Nazi Germany.



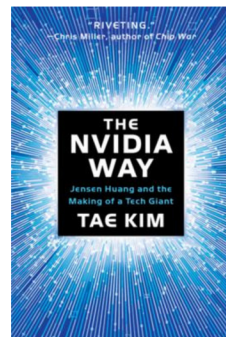
Oathbreakers / Matthew Gabriele
The story of the Carolingian Civil War, a bloody, protracted battle pitting brother against brother, father against son, that would end an empire, upend a continent, and lay down the modern borders of Europe.



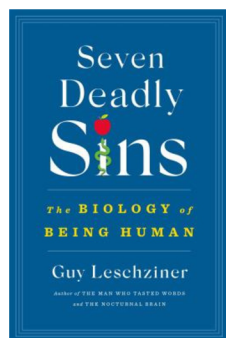
The Last Tsar / Tsuyoshi Hasegawa
Based on a trove of new archival discoveries, The Last Tsar narrates how Nicholas's resistance to reform doomed the monarchy.



Simple Goodness: No-fuss, Plant-based Meals Straight from Your Pantry / Makini Howell
Provides everything from practical tips to recipes for dips that double as sauce.

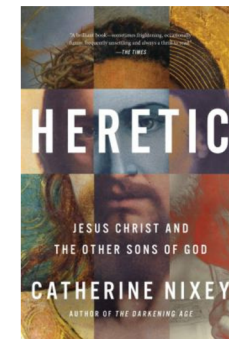


The Nvidia Way / Tae Kim
How Nvidia saw the coming AI wave sooner than anyone else, and how it bet its future on a technology that had not yet arrived.

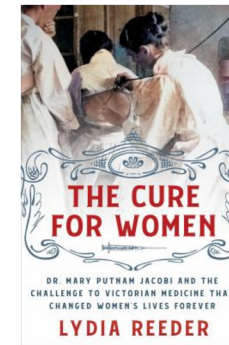


Seven Deadly Sins: The Biology of Being Human / Guy Leschziner
Do the seven deadly sins really represent moral failings, or are they simply important

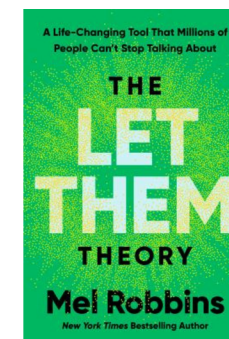
and useful biological functions that humans need to survive?



Heretic: Jesus Christ and the Other Sons of God / Catherine Nixey
Heretic unearths the different versions of Christ who existed in the minds of early Christians.



The Cure for Women / Lydia Reeder
History of the medical pioneering Mary Putnam Jacobi.



The Let Them Theory: A Life-changing Tool That Millions of People Can't Stop Talking About / Mel Robbins
A self-help writer talks about mindset.